



# Maine NURSING

INTERVIEWS AND HISTORY  
CARING AND COMPETENCE

Valerie Hart, Susan Henderson, Juliana L'Heureux & Ann Sossong



## Maine Nursing *Interviews and History on Caring and Competence*

By Valerie Hart, Susan Henderson, Juli-  
ana L'Heureux and Ann Sossong

ISBN: 9781467135399

\$21.99 | 192 pp. | paperback

Available: **March 7, 2016**

With more than 12,000 titles in print, Arcadia Publishing & The History Press is the largest and most comprehensive publisher of local and regional content in the USA. By empowering local history and culture enthusiasts to write local stories for local audiences, we create exceptional books that enrich lives and bring readers closer to their community, their neighbors, and their past.

[www.arcadiapublishing.com](http://www.arcadiapublishing.com)

[www.historypress.net](http://www.historypress.net)

### MEDIA CONTACT

For Media Inquiries Contact:

Mercedes Guy

843.853.2070 x209

[mguy@arcadiapublishing.com](mailto:mguy@arcadiapublishing.com)

# ARCADIA PUBLISHING AND The History Press

FOR IMMEDIATE RELEASE

## Learn About the Hardships and Bravery of Nurses in Maine

*Main Nursing: Interviews and History on Caring and Competence* is the newest addition to The History Press' *General History* series. The book is by local authors, Valerie Hart, Susan Henderson, Juliana L'Heureux and Ann Sossong and is set to release on *March 7, 2016*. The book features stunning vintage pictures and exclusive interviews.

Maine nurses have served tirelessly as caregivers and partners in healing at home and abroad, from hospitals to battlefields. The Division of Public Health Nursing and Child Hygiene was established in 1920 to combat high rates of infant mortality in Washington and Aroostook Counties. During the Vietnam War, Maine nurses helped build the Twelfth Evacuation Hospital at Cu Chi and bravely assisted surgeries in the midst of fighting. In the early 1980s, nurse disease prevention educators in Portland rose to the challenge of combating the growing AIDS epidemic. Through historical anecdotes and fascinating oral histories, discover the remarkable sacrifices and achievements of Maine's nurses.

### ABOUT THE AUTHORS

**Valerie A. Hart** is a professor of nursing at the University of Southern Maine, in Portland, Maine, and has been a psychotherapist in private practice continuously since 1978.

**Susan Henderson** taught nursing for thirty-five years at Saint Joseph's College of Maine until retiring in 2011.

**Juliana L'Heureux** is a freelance writer and former home care and hospice administrator.

**Ann Sossong** has practiced in the field of nursing for forty-plus years in multiple nursing roles in clinical practice and as a nurse executive, nurse researcher and educator. She is a professor of nursing at the University of Maine School of Nursing at Orono.

All royalties will be going to the *American Nurses Foundation*.